

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

WORLD ORAL HEALTH DAY - 2021

Date: 20.03.2021	No.Of Organizing Interns: 8 No. Of Organising final years: 10 No.Of Beneficiaries: 292
Faculty: Dr. Jagannatha, Dr. Nagaland, Dr. Nagappan, Dr. Cyril Benedict	Organizing Agency : Cdcric Location: Mini Auditorium, Cdcric.

BE PROUD OF YOUR MOUTH

Because good oral health can help
you live a longer, healthier life



GET INVOLVED ON 20 MARCH

Find out more: www.worldoralhealthday.org

[@worldoralhealthday](https://www.instagram.com/worldoralhealthday) #MouthProud #WOHD21

Global Partner

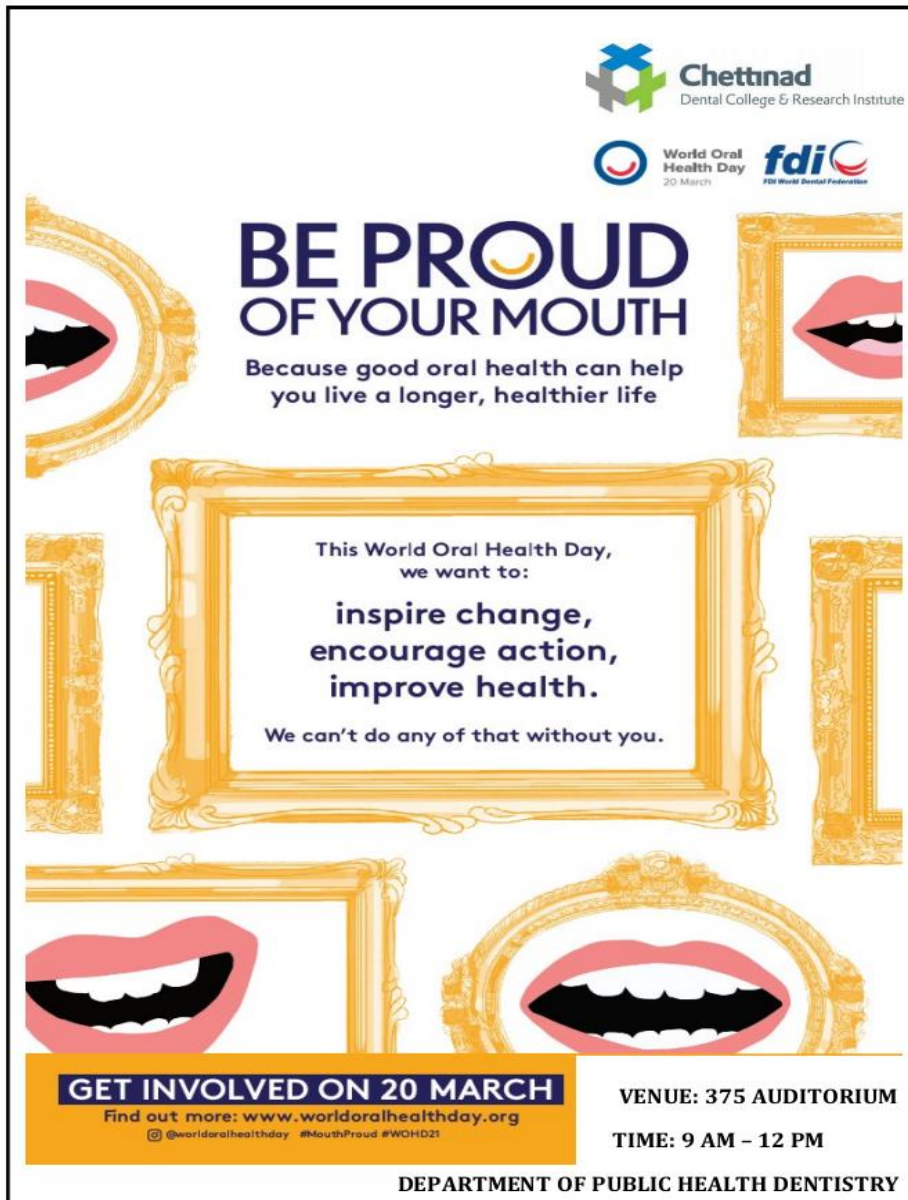

Global Supporters




World Oral Health Day (WOHD) is celebrated globally every year on March 20. Its purpose is to empower people with the tools and knowledge to prevent and control oral diseases, which affect nearly 3.5 billion people worldwide.

The organization recently announced that for the next 3 years, the overarching theme for the WOHD campaign is **“Be Proud of Your Mouth.”** With this empowering call to action, FDI hopes to motivate people to value and take care of their mouths and understand that by doing so, they can also help protect their general health and well-being.

World Oral Health Day encourages people to look after their oral health by adopting a good oral hygiene routine and managing risk factors. Preserving oral health can help keep the mind and body healthy too, as well as protect against the spread of infections.



The poster features the Chettinad logo at the top center, with the text 'Dental College & Research Institute' below it. To the right of the logo are the 'World Oral Health Day 20 March' logo and the 'fdi' logo. The main title 'BE PROUD OF YOUR MOUTH' is written in large, bold, blue letters. Below the title is the tagline 'Because good oral health can help you live a longer, healthier life'. The central message is enclosed in a large, ornate gold frame: 'This World Oral Health Day, we want to: inspire change, encourage action, improve health. We can't do any of that without you.' The poster is decorated with several smaller gold frames containing stylized illustrations of mouths with teeth. At the bottom, there is a dark blue banner with white text: 'GET INVOLVED ON 20 MARCH', 'Find out more: www.worldoralhealthday.org', and social media handles '@worldoralhealthday #MouthProud #WOHD21'. To the right of the banner, the venue and time are listed: 'VENUE: 375 AUDITORIUM' and 'TIME: 9 AM - 12 PM'. At the very bottom, the text 'DEPARTMENT OF PUBLIC HEALTH DENTISTRY' is centered.

Chettinad
Dental College & Research Institute

World Oral Health Day
20 March

fdi
For World Dental Federation

BE PROUD OF YOUR MOUTH

Because good oral health can help you live a longer, healthier life

This World Oral Health Day, we want to:
**inspire change,
encourage action,
improve health.**
We can't do any of that without you.

GET INVOLVED ON 20 MARCH
Find out more: www.worldoralhealthday.org
@worldoralhealthday #MouthProud #WOHD21

VENUE: 375 AUDITORIUM
TIME: 9 AM - 12 PM

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

For celebrating **‘WORLD ORAL HEALTH DAY’** we the students of **H batch (2017-2018)** from the **Department of Public Health Dentistry** came together with our beloved staffs and our seniors to acknowledge the day and spread awareness regarding it.

The appropriate social distancing norms were abided by. We followed the theme given by FDI "Be Proud of Your Mouth" and participated in the events which falls under the theme.

The event was organised in 375 hall, invited **DR.HEPSIBAH SHARMIL, PRINCIPAL OF CHETTINAD COLLEGE OF NURSING** to deliver her Lecture on **‘Be proud of your mouth; AN ELEVATOR PITCH’** to the students of the Dental and Nursing fraternity, Dr.

Jagannatha imparted his insights on the notability of the day. There were various events that were conducted for the students of nursing and dental including on and off stage events.

We the students of **H BATCH(final year)** participated in the various events and also enacted a skit depicting the diverse oral health problems and its consequences faced by the general public, also encouraging them the respective treatment modalities that are available.

We are grateful for the opportunity of organizing, participating and conducting this event by the department.

EVENT LIST:

PARTICIPANTS:

1] FINAL YEARS - H BATCH

- 1.Subhathi B
- 2.Supriya Sri Lakshmi S
- 3.Suvetha M
- 4.Swathi M
- 5.Swetha Nidhi K
- 6.Vaishali T
- 7.Vaishnavi T
- 8.Vigklesh S
- 9.Vignesh MK
- 10.Vinitha S

2] INTERNS - G BATCH

3] BDS STUDENTS

4] BSc NURSING FIRST YEAR STUDENTS

ON 17.03.2021

ON STAGE EVENTS:

1]COOKING WITHOUT FIRE

2]BLIND FOLD

- 3]FACE PAINTING
- 4]DENT ART
- 5]TATTOO ART
- 6]DICE GAME
- 7]TREASURE HUNT

OFF STAGE EVENTS:

- 1]PENCIL SKETCHING
- 2]POETRY WRITING
- 3]SLOGAN WRITING
- 4]MEMES
- 5]E- POSTER

ON 20.03.2021

SCHEDULE:

- 9.00-9.05AM –INTRO SPEECH-DR.VINCY PREETHA
- 9.05-9.10AM –TAMIZHTHAI VAZHTHU
- 9.10-9.15AM –KUTHU VILAKKU
- 9.15-9.25AM-WELCOME SPEECH BY DR.JAGANNATHA
- 9.25-9.35AM –PRINCIPAL NOTE
- 9.35 -9.45AM- GUEST SPEECH –BY DR.HEPSIBAH SHARMIL
- 9.45AM-11.25AM-EVENTS
 - DEBATE -40 MINS [JUDGE :DR.SATHISH MUTHUKUMAR]
 - ADZAP -20 MINS
 - CONNEXIONS -40 MINS
- 11.25-11.30AM-SKIT-FINAL YEARS
- 11.30-11.35AM-MEMES,E-POSTER-DISPLAY
- 11.30 -12.00PM -PRIZE DISTRIBUTION

OFF STAGE EVENTS:

9.45-10.30 AM-RANGOLI –DR.AKILA[JUDGE]

CARVING -DR.SREEJA[JUDGE]

BADGES:



KUTHTHU VILAKKU CEREMONY:

On the day of the event, kuththuvilakku was enlightened by the Dean Dr. Rajesh, Dr. Jagannatha and our guest of honour Dr. Hepsibah Sharmil, Principal of Chettinad College of Nursing and other faculty members.



WELCOME SPEECH:



The welcome speech was addressed by the Dean of dental college, Dr Rajesh and Head of the Department of Public Health Dentistry, Dr. Jagannatha who emphasized the significance of the day



Dr. Vincy, PG I year of Public Health dentistry delivered her inaugural speech in which she had highlighted the notability of the day along with a historical note on the day. Also elaborated on the theme of the campaign and the action plan to achieve it

GUEST SPEECH:



DR. HEPSIBAH SHARMIL, PRINCIPAL OF CHETTINAD COLLEGE OF NURSING delivered her Lecture on "Be proud of your mouth; AN ELEVATOR PITCH"

On how to craft an elevator pitch for different occasions such as for job interviews, career expos or simply to get stake holders interested in your work.



Dr Satish Muthukumar, Head of the department of Oral pathology, shared his joy of being a part of this event and appreciated the efforts made by the Department of public health dentistry

EVENTS:

We the students of H batch(final year) participated in the following events and secured prizes.

POSTERS

Participants:

- 1.Vinitha S
- 2.Vaishali T
- 3.Vaishnavi T
- 4.Vigklesh S



BE PROUD OF YOUR MOUTH

Take charge of your oral health



World Oral
Health Day
20 March



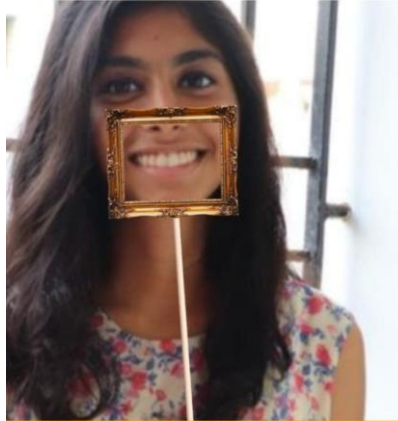
WWW.WORLDORALHEALTHDAY.ORG
#MouthProud #WOHD21

BE PROUD OF YOUR MOUTH

Look after oral health for overall
health



World Oral
Health Day
20 March



WWW.WORLDORALHEALTHDAY.ORG
#MouthProud #WOHD21

BE PROUD OF YOUR MOUTH

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BLINDFOLD



Blind fold game was about feeling the different dental materials and predicting the correct answer while the time was ticking. Various instruments like wax carver, spatula, dentulous and edentulous trays, materials like dental plaster, pumice, acrylic teeth, oral hygiene aids like dental floss, mouthwash, interdental brush, etc were kept for the game.

Participants:

1. Vigklesh S
2. Subhathi B
3. Vaishali T

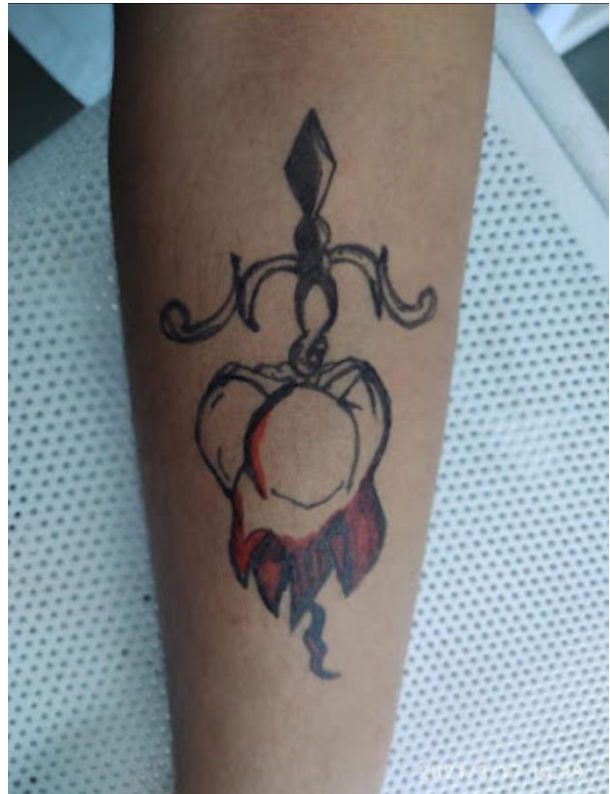
TATTOO ART





Participants:

- 1.Swetha Nidhi K
- 2.Vigklesh S
- 3.Vignesh MK
- 4.Supriya Sri Lakshmi S
- 5.Vinitha S





FACE PAINTING



The concept behind this face painting is that if we maintain our oral hygiene properly, the

tooth will be healthy which is depicted on the right side and the upper curve on the lips represents the proud and happy feeling for the same whereas on the left side, it depicts that if we fail to take care of our tooth, it will lead to its destruction and the lower curve represents the pain and suffering that will follow after.

Participant:

1. Vaishnavi T

DICE GAME





Dice game was about testing our knowledge in the subjects we have studied in the previous years and the luck we have since the person who gets the lowest number on the dice was given the opportunity to answer. It was fun and informative as well.

Participants:

1. Swathi M
2. Swetha Nidhi K
3. Vaishali T

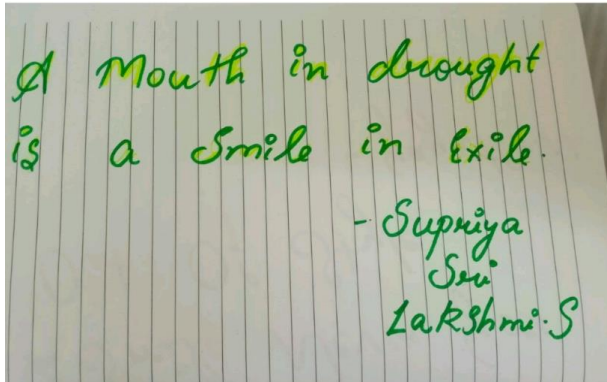
PENCIL SKETCHING



Participant:

1.Vigknes S

SLOGAN WRITING



Participant:

1.Supriya Sri Lakshmi S

TREASURE HUNT



Participants:

1.Subhathi B

2.Supriya Sri Lakshmi S

3.Suvetha M

4.Swathi M

5.Swetha Nidhi K

CONNEXIONS



Participants:

1. Vaishali T
2. Subhathi B

SKIT

We enacted a skit which was based on the campaign theme of BE PROUD OF YOUR MOUTH with the content of the skit narrowed down to the concept on how oral cavity anomalies affect our daily activities primarily focusing on

1. Midline diastema
2. Proclination
3. Oral hygiene instructions



An introduction to the World Oral Hygiene Day and the concept narration was done by Supriya Sri Lakshmi



Scene 1- A student with spacing between the anterior teeth (midline diastema) when bullied in the school about the same, felt inferior and sad and the teacher who got to know about this advised the students not to behave like this and boosted the confidence in the student who felt like an odd one out by explaining the treatment options available and this condition wasn't something to worry about

*Student with midline diastema- Vaishali T

*Bullies- Suvetha M and Swathi M

*Teacher- Subhathi B



Scene 2- A mehendi function is going on and the bride to be is not smiling at all. When the guests questioned her about the reason for not smiling, she confided that her teeth are proclining and it will not look good. Then she was enlightened about the fact that happiness is not about a perfect smile and that she'll look good even if she has proclined teeth when she smiles wholeheartedly. She was also told the treatment options available for the same.

*Bride- Suvetha M

*Guests- Vaishnavi T and Swetha Nidhi K



Scene 3- Two kids playing in the park noticed a grandpa with missing teeth and when questioned about it, he accepted that he hadn't taken good care of his teeth and it had fallen eventually. At the end, he advised the kids the measures to be taken if they don't want the same to happen to them in the future and the kids promised to follow proper oral hygiene.

*Kids- Vignesh MK and Vinitha S

*Grandpa- Vignesh S



At the end, we concluded that oral hygiene practices should be followed meticulously in order to be proud of our mouth.

PRIZE DISTRIBUTION:

The winners of each competition received their certificate of appreciation from Dr Jagannatha, Dr Sathish Muthu Kumar and Dr Nagaland.

Blind fold game



First place- Subhathi B

Third place- Vaishali T

Tattoo art



First place- Vinitha S

Treasure hunt





Winners:

1. Swathi M
2. Swetha Nidhi K
3. Supriya Sri Lakshmi
4. Subhathi B
5. Suvetha M

Connexions



First place- Subhathi B

VOTE OF THANKS:



Dr Nagaland stretched out his sincere appreciation to the current batch Interns, his associates who were in every case more than prepared to offer their help in making this event a success and thanked everybody who contributed in a few or the other way towards this event

ATTENDANCE LIST:

TOTAL NO. OF STUDENTS: 271

TOTAL NO. OF INTERNS: 8

TOTAL NO. OF FACULTY MEMBERS: 13



IInd Year Attendance

Sl.No	Name of The Student	Sign
1	Aarifkhan A	Aarifkhan A
2	Ahammed Pervez. M	Ahammed Pervez. M
3	Aishwarya B	Aishwarya B
4	Akshen Balaji. K	Akshen Balaji. K
5	Aradhana C H	Aradhana C H
6	Ashfaqur Rahman M	Ashfaqur Rahman M
7	Bakkiashtri. B	Bakkiashtri. B
8	Bharathi N	Bharathi N
9	Brian Shenart A	Brian Shenart A
10	Deepika Dharshini M	Deepika Dharshini M
11	Devipriya. S	Devipriya. S
12	Dharanipriya M	Dharanipriya M
13	Durga S	Durga S
14	Eunice Flora.S	Eunice Flora.S
15	Ezhilarasan .P	Ezhilarasan .P
16	Fazilath W	Fazilath W
17	Geethanjali.S	Geethanjali.S
18	Gopika P	Gopika P
19	Harini S	Harini S
20	Haripriya B	Haripriya B
21	Harshini. K	Harshini. K
22	Harshithaa . M	Harshithaa . M
23	Isai D	Isai D
24	Jashwanth. J	Jashwanth. J
25	Jayashree S	Jayashree S
26	Jayasurya. U	Jayasurya. U
27	Jeyasri. J	Jeyasri. J
28	Jhoshini. R	Jhoshini. R
29	Jincy E T	Jincy E T
30	Jumail J	Jumail J
31	Karishma B	Karishma B
32	Keerthi .S	Keerthi .S
33	Keerthiga N	Keerthiga N
34	Kethan Krishna . V	Kethan Krishna . V
35	Kirthanaa S	Kirthanaa S
36	Logitha D	Logitha D
37	Mabitha Harini M	Mabitha Harini M
38	Madhan . K	Madhan . K
39	Mageshvaran .V.S	Mageshvaran .V.S
40	Mahalakshmi S	Mahalakshmi S
41	Manasa P	Manasa P
42	Mano Pandian S	Mano Pandian S
43	Megha. S	Megha. S

IInd Year Attendance

S.No	Name	Sign
1	Aaron Philip I	Aaron Philip I
2	Abinaya U	Abinaya U
3	Aishwarya K	Aishwarya K
4	Aishwarya S	Aishwarya S
5	Akash J	Akash J
6	Akshaya Sa	Akshaya Sa
7	Akshitha Madhvaraj	Akshitha Madhvaraj
8	Anumithra S	Anumithra S
9	Anusuya B	Anusuya B
10	Aravind Rajesh J	Aravind Rajesh J
11	Aravind S	Aravind S
12	Arunprasad S	Arunprasad S
13	Ashwini S	Ashwini S
14	Astalakshmi P	Astalakshmi P
15	Avanthika R	Avanthika R
16	Badma Priya S B	Badma Priya S B
17	Bavatharine P	Bavatharine P
18	Bharanidharan A	Bharanidharan A
19	Bharath Chandar M	Bharath Chandar M
20	Bhavadarshine M	Bhavadarshine M
21	Bhuvanesh G	Bhuvanesh G
22	Bonthala Sreya	Bonthala Sreya
23	Charulekha Y	Charulekha Y
24	Cyril Mathew Emmanuel E	Cyril Mathew Emmanuel E
25	Daisy Mary C P	Daisy Mary C P
26	Darcus Evangelin C	Darcus Evangelin C
27	Deepika A	Deepika A
28	Deepthi Shri S	Deepthi Shri S
29	Divya M	Divya M
30	Divya Raji R	Divya Raji R
31	Durga S	Durga S
32	Esha Rithika S	Esha Rithika S
33	Fathina Abdul Majeed	Fathina Abdul Majeed
34	Gunali G V	Gunali G V
35	Harini N	Harini N
36	Harini S	Harini S
37	Haripriya V	Haripriya V
38	Harshavimal	Harshavimal
39	Jane Cardilia F	Jane Cardilia F
40	Jayashree M	Jayashree M
41	Kaviya G	Kaviya G

OVERALL EXPERIENCE AND LEARNING OUTCOME:



This was our first experience of organising an on stage event. We had to plan everything in a quick span of time. We were all nervous but the unity between us and the interest we had to pull this event helped a lot in accomplishing this.

There were different ideas arising and we had managed to incorporate everything without any conflicts. We managed to develop strategies for dealing with procrastination, distraction and unplanned events. This experience enhanced our leadership qualities and time management. It helped us to know our true potential.

We are indebted to the Department of Public Health Dentistry, our staffs and our seniors for their constant support and guidance without whom this couldn't have been possible.